

NHS Health Check – Data extraction - Easy Read



About this leaflet



This leaflet is made by the Down's Syndrome Association and Public Health England.



It is in **Easy Read**.

Easy Read means easy words with pictures to help everyone understand.

Who is this leaflet for?



This information is for people who have received an invitation to an **NHS Health Check**.

What is an NHS health check?



The **NHS Health Check** started in 2009.



Public Health
England



Public Health England helps look after the **NHS Health Check** programme.

The **NHS Health Check** is a free check-up of your health. People aged 40 to 74 years old are invited to a check.

You should have an **NHS Health Check** every five years with your doctor or another medical person to

help you look after your health.

The NHS and Public Health England want some information



The NHS and Public Health England want **information** about how well **NHS Health Checks** are working.



Why do the NHS and Public Health England need this information?

This **information** will tell us if the **NHS Health Check service** is

working.

It will help **doctors, nurses and pharmacists** to do their job better.

NHS Digital will help the NHS to get the information they need

NHS
Digital



NHS Digital gives information about our **health** to the **government**.



The **Government** runs services that keep us **healthy**.



NHS Digital will be asking **doctors** for information about **NHS Health Checks**.



They want to find out how many people are invited to have an **NHS Health Check**.



They also want to know how many people go to their **NHS Health Check**

They will **start** working in June 2018.

What will they do with the information?



NHS Digital will give the information to **Public Health England**.



The NHS would like your help with this study

It is up to **you** if you want to take part. You can say **no** if you want to.



NHS Digital will ask your doctor for **information** about your health from your medical record.



They will not share your name or any other **personal information** with anyone.



They will look at all the **information**. They will use it to make some **reports**.



The **reports** will be put on a website for everyone to see.



If you **do not** want **NHS Digital** to have any of your information, **tell your doctor**.